

# FAMILIES AND LITERACY COMMITTEE QUARTERLY NEWSLETTER

-September 2021-

## A MESSAGE FROM THE COMMITTEE

Every school year brings big changes, this year more than ever we know there is uncertainty ahead. During this time, find ways to talk about and share feelings with your family. Your feelings are felt by others and you may notice they are more similar than you may think. We hope to provide you with some ways to start conversations at home.

## WHAT CAN YOU DO AT HOME?

### Begin reflection and goal setting.

As you reflect on what you did over the summer, you may want to begin thinking ahead to the upcoming school year. When talking with your child about their feelings for the upcoming school year, you could also consider asking these questions:

- What are you excited about? What are you feeling nervous about?
- What are you hoping to get better at?
- What is one new thing you'd like to try this Fall?

After talking with your child, one thing you could do as a family is have each person share a personal goal for Fall. Write them down so that you can look back and see the progress you've made.

Created by Families and Literacy: Committee of the Wisconsin State Reading Association  
[www.wsra.org](http://www.wsra.org)



## BOOK SPOTLIGHT



### *The Invisible Boy*

written by Trudy Ludwig  
illustrated by Patrice Barton

This book tells us the story of the main character, Brian, who feels invisible. No one notices him, he's never invited to anything. When a new boy, Justin, arrives at school everything changes for Brian and he finds a way to feel like he belongs.

### *Save Me a Seat*

by Sarah Weeks & Gita Varadarajan

Two boys come together as they tackle a common challenge they both face- feeling alone. Learn how they work through their feelings and learn together that they can overcome challenges they face at school.